

**From:** [redacted]@gov.scot>  
**Sent:** 16 June 2022 16:20  
**To:** [redacted]@nhs.scot>; [redacted]@nhs.scot>  
**Cc:** [redacted]@nhs.scot>; [redacted]@nhs.scot>;  
NSSSponsorship@gov.scot; [redacted]@gov.scot;  
[redacted]@gov.scot; genderidentityhealth@gov.scot;  
[redacted]@scotland.gsi.gov.uk>; [redacted]@nhs.scot>; [redacted]  
[redacted]@scotland.gsi.gov.uk>; [redacted]@nhs.scot>

**Subject:** RE: media query - WPATH guidance - Telegraph

Thanks

[redacted]

[redacted]

Scottish Government

[redacted]

[redacted]@gov.scot

### Health Improvement's three top tips for wellbeing at work:

1. 50-minute meetings with 10 mins breaks between
2. Take a lunch break and walk
3. Regular 1:1s with wellbeing check-ins

**From:** [redacted]@nhs.scot>  
**Sent:** 16 June 2022 16:04  
**To:** [redacted]@gov.scot>; [redacted]@nhs.scot>  
**Cc:** [redacted]@nhs.scot>; [redacted]@nhs.scot>;  
NSS Sponsorship <[NSSSponsorship@gov.scot](mailto:NSSSponsorship@gov.scot)>;  
[redacted]@gov.scot>; [redacted]@gov.scot>; Gender Identity and  
Healthcare Access <[genderidentityhealth@gov.scot](mailto:genderidentityhealth@gov.scot)>; [redacted]@gov.scot>;  
[redacted]@nhs.scot>; [redacted]@gov.scot>; [redacted]  
[redacted]@nhs.scot>

**Subject:** RE: media query - WPATH guidance - Telegraph

Hi [redacted]

These are the signed of NSS/NSD agreed lines that we will be responding to media enquiries we recieved.

“Last night NHS National Services Scotland’s National Services Division became aware of a third-party document hosted on the National Gender Identity Care Network for Scotland (NGICNS) website. The document has since been removed and the website taken down pending an investigation.

“NHS Scotland did not author the document, contribute to it or comment on it. The document’s content does not reflect current policy or guidance on standards of care for NHS Scotland.

“The document was part of a public consultation led by WPATH and as such is unrelated to NHS Scotland and the NGICNS.”

Further information to be used if needed:

“NHS Scotland and WPATH do not have a working relationship, and any concerns about the content should be raised directly with WPATH.

“An investigation into how the draft document came to be on the NGICNS site will begin immediately. As a precautionary measure, all documents not authored by NSS or NHS Scotland organisations have been removed from network sites. Documents written by NSS and NHS Scotland organisations which remain hosted on network sites are under review.”

kind regards [REDACTED]

[REDACTED]

[REDACTED]

NHS National Services Scotland

PA: [REDACTED] [REDACTED]@nhs.scot

Gyle Square

1 South Gyle Crescent

Edinburgh EH12 9EB

[REDACTED] -

Email: [REDACTED]@nhs.scot

<https://www.nss.nhs.scot/departments/national-services-division/>

**From:** [redacted]@gov.scot <[redacted]@gov.scot>  
**Sent:** 16 June 2022 15:06  
**To:** [redacted]@nhs.scot>; [redacted]@nhs.scot>  
**Cc:** [redacted]@nhs.scot>; [redacted]@nhs.scot>;  
NSSSponsorship@gov.scot; [redacted]@gov.scot;  
[redacted]@gov.scot>; genderidentityhealth@gov.scot;  
[redacted]@scotland.gsi.gov.uk>; [redacted]@nhs.scot>; [redacted]  
[redacted]@scotland.gsi.gov.uk>  
**Subject:** RE: media query - WPATH guidance - Telegraph

Yes of course. I'm planning to wait to hear what your lines are so we can be consistent – assuming comms don't chase for a response before we can do that. However, for awareness the lines already used last night referred to the document being published in error – see below.

“This material was published in error.

“The documents have been removed and we apologise to anyone affected.”

[redacted]

[redacted]

Scottish Government

[redacted]

[redacted]@gov.scot

### Health Improvement's three top tips for wellbeing at work:

4. 50-minute meetings with 10 mins breaks between

5. Take a lunch break and walk
6. Regular 1:1s with wellbeing check-ins

**From:** [REDACTED]@nhs.scot>  
**Sent:** 16 June 2022 15:02  
**To:** [REDACTED]@gov.scot>; [REDACTED]@nhs.scot>  
**Cc:** [REDACTED]@nhs.scot>; [REDACTED]@nhs.scot>;  
NSS Sponsorship <NSSSponsorship@gov.scot>; [REDACTED]  
[REDACTED]@gov.scot>; [REDACTED]@gov.scot>; Gender Identity and  
Healthcare Access <genderidentityhealth@gov.scot>; [REDACTED]@gov.scot>;  
[REDACTED]@nhs.scot>; [REDACTED]@gov.scot>  
**Subject:** RE: media query - WPATH guidance - Telegraph

Hi [REDACTED]

Could you please take out the "in error" words. Right now we are not sure what the error was, if anything

[REDACTED]

[REDACTED]

[REDACTED]

#### NHS National Services Scotland

Gyle Square

1 South Gyle Crescent

Edinburgh, EH12 9EB

tel: [REDACTED]

**From:** [REDACTED]@gov.scot>  
**Sent:** 16 June 2022 14:57  
**To:** [REDACTED]@nhs.scot>  
**Cc:** [REDACTED]@nhs.scot>; [REDACTED]@nhs.scot>;  
NSSSponsorship@gov.scot>; [REDACTED]@gov.scot>;  
[REDACTED]@gov.scot>; genderidentityhealth@gov.scot>;  
[REDACTED]@scotland.gsi.gov.uk>; [REDACTED]@nhs.scot>; [REDACTED]  
[REDACTED]@nhs.scot>; [REDACTED]@scotland.gsi.gov.uk>  
**Subject:** RE: media query - WPATH guidance - Telegraph

Completely agree thanks [REDACTED]

If helpful, on reflection I thought the lines below should be amended as indicated in yellow highlight.

[REDACTED]

[REDACTED]

Scottish Government

[REDACTED]

[REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)

### Health Improvement's three top tips for wellbeing at work:

7. 50-minute meetings with 10 mins breaks between
8. Take a lunch break and walk
9. Regular 1:1s with wellbeing check-ins

**From:** [REDACTED] [@nhs.scot](mailto:[REDACTED]@nhs.scot)>

**Sent:** 16 June 2022 14:48

**To:** [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>

**Cc:** [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; [REDACTED] [@nhs.scot](mailto:[REDACTED]@nhs.scot)>;

[REDACTED] [@nhs.scot](mailto:[REDACTED]@nhs.scot)>; NSS Sponsorship <[NSSsponsorship@gov.scot](mailto:NSSsponsorship@gov.scot)>;

[REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; [REDACTED]

[REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; Gender Identity and Healthcare Access <[genderidentityhealth@gov.scot](mailto:genderidentityhealth@gov.scot)>;

[REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; [REDACTED] [@nhs.scot](mailto:[REDACTED]@nhs.scot)>; [REDACTED]

[REDACTED] [@nhs.scot](mailto:[REDACTED]@nhs.scot)>; [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>

**Subject:** RE: media query - WPATH guidance - Telegraph

Hi [REDACTED]

We are in the process, of agreeing our NSS coms with our [REDACTED] and [REDACTED] as soon as we have this will share this with you, as we are receiving multiple media requests so it would be helpful if this is aligned your responses.

kind regards [REDACTED]

[REDACTED]

[REDACTED]  
NHS National Services Scotland

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Gyle Square

1 South Gyle Crescent

Edinburgh EH12 9EB

M: [REDACTED]

Email: [REDACTED]@nhs.scot

<https://www.nss.nhs.scot/departments/national-services-division/>

**From:** [REDACTED]@gov.scot [REDACTED]@gov.scot>

**Sent:** 16 June 2022 14:27

**To:** [REDACTED]@nhs.scot>

**Cc:** [REDACTED]@gov.scot>; [REDACTED]@nhs.scot>;  
[REDACTED]@nhs.scot>; NSSSponsorship@gov.scot>; [REDACTED]  
[REDACTED]@gov.scot>; [REDACTED]@gov.scot>;  
genderidentityhealth@gov.scot>; [REDACTED]@scotland.gsi.gov.uk>; [REDACTED]  
[REDACTED]@nhs.scot>; [REDACTED]@nhs.scot>; [REDACTED]  
[REDACTED]@scotland.gsi.gov.uk>

**Subject:** FW: media query - WPATH guidance - Telegraph

**Importance:** High

[REDACTED]/NSS colleagues

We've been asked for a response to the question below.

I've drafted the following – are you content? Is there anything else we can say about NHS and the association with WPATH? I'd be grateful for a response ASAP please.

QUERY

I would like to know whether you will be reviewing links to WPATH, and whether the Scottish NHS will continue to follow its guidance, in light of the WPATH publication which was published on the NHS website?

You have previously said you follow their guidance (e.g in PQ below). Will you be cutting any ties with this organisation, or will this at least be looked at again?

Suggested response:

*The World Professional Association for Transgender Health (WPATH) carried out an international public consultation on draft revised standards of care in Winter 21/22. Documents from the consultation were reposted on the National Gender Identity Clinical Network for Scotland website in error alongside information on the consultation. The document concerned is not part of the WPATH guidance followed by NHS Scotland. The material has been removed and we apologise to anyone affected.*

[REDACTED]

[REDACTED]

Scottish Government

[REDACTED]

[REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)

### Health Improvement's three top tips for wellbeing at work:

10. 50-minute meetings with 10 mins breaks between
11. Take a lunch break and walk
12. Regular 1:1s with wellbeing check-ins

**From:** [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>

**Sent:** 16 June 2022 13:56

**To:** [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; [REDACTED]

[REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; Gender Identity and Healthcare Access <[genderidentityhealth@gov.scot](mailto:genderidentityhealth@gov.scot)>

**Cc:** [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>;

[REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; [REDACTED] [@gov.scot](mailto:[REDACTED]@gov.scot)>; [REDACTED]

[REDACTED] [@gov.scot](mailto:newsdesk@gov.scot); [REDACTED] [@gov.scot](mailto:newsdesk@gov.scot); [REDACTED]  
[REDACTED] [@gov.scot](mailto:newsdesk@gov.scot); [REDACTED] [@gov.scot](mailto:newsdesk@gov.scot);  
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[REDACTED] [@gov.scot](mailto:newsdesk@gov.scot); News Desk <[Newsdesk@gov.scot](mailto:Newsdesk@gov.scot)>; [REDACTED]  
[REDACTED] [@gov.scot](mailto:newsdesk@gov.scot); [REDACTED] [@gov.scot](mailto:newsdesk@gov.scot);  
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[REDACTED] [@gov.scot](mailto:newsdesk@gov.scot); [REDACTED] [@gov.scot](mailto:newsdesk@gov.scot)>

**Subject:** media query - WPATH guidance - Telegraph

Hi all,

Following up on their story today re the WPATH eunuch documents/consultation, the Telegraph asks if the Scottish NHS will continue to follow WPATH guidelines.

Query in full below, which flags that – in common with other European centres – Scotland works with WPATH guidelines.

Happy to discuss if preferred.

Thanks

[REDACTED]

QUERY

I would like to know whether you will be reviewing links to WPATH, and whether the Scottish NHS will continue to follow its guidance, in light of the WPATH publication which was published on the NHS website?

You have previously said you follow their guidance (e.g in PQ below). Will you be cutting any ties with this organisation, or will this at least be looked at again?

Thanks,

[REDACTED]



Question ref: SBW-27281

Asked by: Murdo Fraser, Mid Scotland and Fife, Scottish Conservative and Unionist Party

Date lodged: 4 February 2020

## Question

To ask the Scottish Government on what clinical basis children are being prescribed puberty blockers.

Current status: Answered by Jeane Freeman on 9 March 2020

## Answer

As indicated in answers to PQ 27279 and 27280 on 20 February 2020 the term "Puberty Blockers" is non-specific and could be applied to a range of medicines used for a variety of conditions.

For example in children whose puberty started abnormally early; to promote the development of long bones and increase adult height in children of short stature and children diagnosed with gender dysphoria.

In the case of children and adolescents with gender dysphoria in Scotland, the Young People's Gender Services at Sandyford in common with current practice of other European centres work within the clear guidelines from UK Endocrine Society and the World Professional Association for Transgender Health (WPATH).

Puberty blockers will only be issued following a specialist assessment and careful consultation with young people and their families, including potential benefits and risks. If a young person and their family choose to commence on puberty blockers they are seen for regular follow-up for psychological review and support from Sandyford staff and medical monitoring from Endocrinology.

Decisions on the type of treatment to prescribe are for clinicians to make in discussion with their clients.

██████████

Newsdesk

Scottish Government

Ext ██████████

0131 ██████████,

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